

**ORTHOPAEDIC**

**Dr Sunil Raina**  
Healthy food and proper exercise is key to keep your joints fit.

**Dr Deendra Singh Solanki**  
India has come out of COVID pandemic with flying colours, with you all healthy and happy future ahead.

**Dr Sanjay Kapoor**  
Take care of your bone and joints and your mind. Do daily exercise and meditation.

**Dr Suresh Arora**  
The recovery of a patient gives immense satisfaction and happiness to us. Their blessings motivate us to work with more zeal. I wish all my dear patients and their families a very healthy life. I also pray to God for upliment of Doctor Patient relationships to greater heights.

**Dr Sandeep Chauhan**  
In the darkest storm, heroes emerge. COVID's braves inspire hope."

**Dr Rohan Mehta**  
Patients are usually not satisfied with the quality of their care during hospitalization. Patient satisfaction can be improved through patient empowerment and engagement in the care delivery process.

**Dr Rajiv Gupta**  
Maintain good posture, nutritious diet, walk and exercise daily for a healthy and happy life. Relax and enjoy life.

**Dr Subhash Manchanda**  
Osteoarthritis - It's a age related wear & tear in which the knee joints are most often affected. To a great extent lifestyle modification like weight control, exercises, avoiding stairs & squatting can slow down the process.

**ORTHOPAEDIC**

**Dr Harsh Piprani**  
Make lifestyle changes, don't let walking from your car into a restaurant be the most exercise you get. Develop a healthy lifestyle and spread awareness about this.

**Dr Vishal Khurana**  
Fatty liver disease is a rapidly growing problem in India and it is directly related to our daily routine life. To avoid this problem we should adopt healthy lifestyle like avoid alcohol, reduce excess body weight, avoid junk foods and increase physical activity e.g. brisk walk, running and swimming etc.

**Dr Bir Singh Sehrawat**  
Unhealthy eating habits in your children can affect their liver's ability to function, and over time, can even lead to permanent damage or disease.

**Dr Shobha Bhalla**  
Most of the rheumatological diseases such as arthritis or others systemic autoimmune rheumatic diseases are easily treatable and controllable. Patients can live a normal healthy life if diagnosed early. Early diagnosis and optimal treatment are key to good patient outcome.

**Dr Arjita kumar**  
The awe of discovering the human body. The honor of being trusted to give advice. The gratitude for helping someone through a difficult illness. These things never grow old. happy doctor's day

**CONSULTANT PHYSICIAN**

**Dr Vijay Kapoor**  
On this doctor's day all the citizens of India should take a pledge that they will not self-medicate and take treatment after proper medical advice from doctors as by self-medication often precious time is wasted for early diagnosis of life-threatening diseases.

**ENDOCRINOLOGIST**

**Dr Monica Bambrno**  
I feel incredibly fortunate to be a doctor. In treating my patients, I have evolved as a person, more responsible, empathetic and grounded. It is a meditation to be there and treat. You feel closer to God.

**Dr Rujul Jain**  
Good health is life's greatest blessing. It is an invaluable asset and is a state of complete harmony of the body and mind. On this Doctor's Day let us all take a pledge to prioritise health so that we can enjoy life to the fullest.

**Dr Ashutosh Goyal**  
On this Doctor's Day, I wish good health to all my fellow doctors. Please take care of yourself.

**CARDIOLOGIST**

**Dr Amit Bhusan Sharma**  
Life does not get easier or more for giving we get stronger and more resilient.

**Dr Sanjay Chivane**  
Never ignore any problems related to your heart, it can prove to be costly in the future.

**Dr Ja Narendra Jain**  
"Medicine treat's disease but it's only doctors who cure patient."

**Dr Yogenra Singh Rajput**  
For them their duty was before anything else. A heartfelt gratitude and thank you towards all the Health care workers who fought tirelessly but lost their lives against COVID-19.

**Dr I. K. Jha**  
Each one of us have just one heart, so make sure that we take the best care of it.

**Dr Sanjeev Chaudhary**  
Doctors are the beautiful blessing of the Almighty. I have always treated us unconditionally for better health during pandemic. Thanks for everything Happy Doctor's Day

**Dr Manish Jain**  
Health is jewel of happiness. Be healthy, be happy.

**Dr. Bharat B Kukreti**  
Keep up the great work. Love to you all.

**Dr Manvinder Singh Sachdev**  
Keep smiling and stay happy, that's all to keep your heart healthy.

**Dr Anurag Passi**  
In the face of adversity, we have a choice. We can be bitter, or we can be better.

**Dr Neeraj Jain**  
It is certainly not easy to be a doctor because you have to think of your patients before yourself. Happy Doctors' Day!

**Dr Rohit Goel**  
A big respect and heartfelt gratitude to all the heroes who sacrificed their life in the battle against our biggest enemy, COVID.

**Dr Vaibhav Jain**  
Medicine treats the disease doctors cure patients.

**UROLOGIST**

**Dr Anil Mandhani**  
Let's kill time on self for INSTA health, vibrant FACE and agility like a tweety bird.

**Dr Prasen Ghosh**  
Stay healthy, Stay away from us.

**Dr Lovleen Mangla**  
A doctor is bestowed with the eye to see and treat weakness in mankind. He is the one who can give us hope when we are in doom.

**Dr Vivek Singh**  
"In the hearts we carry, their selfless devotion lives on, forever inspiring hope in the face of adversity." "In honor of those we've lost, may their memory be a beacon of resilience, reminding us to cherish life and protect one another."

**Dr Piyush Ojha**  
A good physician treats the disease but a great physician treats the patient. Proud to be working with many such physicians and to be a physician myself.

**UROLOGIST**

**Dr Danish Jamal**  
"The good physician treats the disease but the great physician treats the patient who has the disease."

**Dr Piyush Goel**  
Keep smiling and stay happy, that's all to keep your heart healthy.

**Dr Namit Gupta**  
It's great that we can count on people like you that are risking their own health to help others. You are an inspiration. Thank Doctors for your

**Dr Arun Saroha**  
Your health is as important as your patients

**GYNECOLOGY**

**Dr. Anu Nagpal**  
Medicines cure diseases, but only doctors can cure patients. Warm wishes on Doctor's Day to all the doctors who work so hard to restore the health of their patients and bring back their lost smiles.

**Dr Lata Nagpal**  
A doctor is blessed with the magical powers to treat a life, to bring health into our lives and to be there with us when we have lost all the hopes. On Doctor's day, I would like to advise all the people to get regular health check ups so that many diseases can be prevented or picked up at early stage and treated properly. Happy Doctor's Day to all my colleagues.

**Dr Himanshu Champaneri**  
Grateful for all you do. You are true heroes. Words cannot thank you enough.

**Dr Rahul Jain**  
Doctors day is a celebration of our medical communities effort to alleviate human suffering by being sympathetic and compassionate about patients needs

**Dr. Ritu Jain**  
For doctors. We learn to save lives and earn as byproduct to continue the journey called life.

**Dr. Divya Kumar**  
On this doctor's day let us pledge to be mindful about our health. Let us promote healthy lifestyle, scientific approach to illness and create an environment of trust and understanding where doctors can treat you optimally.

**GASTROENTEROLOGIST**

**Dr Sukrit Sud**  
COVID challenged all doctors personally and professionally. We came out fighting and won the battle.

**Dr Pawan Rawal**  
"In the midst of darkness, their courage ignited a flame of hope, their sacrifice paved the path towards a brighter tomorrow. Saluting the unsung heroes of the COVID era, whose bravery transcended boundaries and inspired us all."

**Dr Anukalp Prakash**  
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# THANK YOU DOCTORS

In Association with THE TIMES OF INDIA

The Covid pandemic has upended life for nearly every one, be it healthcare workers, first responders or other essential workers who have had to face more risks than most people. Fighting covid, protecting patients, saving the nation from the pandemic, many medical warriors' sacrificed their lives. It's time to pay homage and we are indebted.

**MSN**  
Research for Better Medicines

**SALUTES 1492+ COVID BRAVES ON DOCTORS DAY**

Source: <https://ima-india.org/ima-covid-donate/>

**DERMATOLOGIST**

**Dr Niti Gaur**  
Skin is the largest organ of our body and it should be given due respect. Any underlying change in the body initially manifests as skin changes, so do not ignore your skin disorders and visit a dermatologist if required.

**Dr Harmandeep K Gill**  
From taking care of us, to our loved ones, from healing our cold, to our biggest fear, Thank you warriors for your neverending care.

**M. Shaif Kuchay**  
Doctors are born abilities to change other's lives.

**NEPHROLOGIST**

**Dr Abhoday Singh Rana**  
Few people are the born directly sent from God for us. Salute to the heroic job you did. Hats off to you.

**PULMONOLOGIST**

**Dr Arun Choudary Kotaru**  
This Doctors day let us honour the health care workers who sacrificed their lives serving humanity by bridging the trust gap between patients and doctors. Sincere and wholistic approach is need of the hour!

**Dr Ashish KR Prakash**  
Between every life and death there is always an angel ready to surrender his own life to protect that is absolutely and an honour to be that Angel called doctor

**Dr Manoj K Goel**  
Our memory line is filled with tears and respect as we remember the saviours who sacrificed their lives to conquer COVID-19.

**Dr Vidya Nair**  
"Being healthy is a success, that many people forget to celebrate, take care of your health cause that's the only true wealth"

**Dr Kapil Agarwal**  
The toughest responsibility of a doctor doesn't lie in treating the body but it lies in first treating the mind.

**Dr Shivanshu Raj Goyal**  
Our front liner colleagues battled this relentless adversary of Covid 19, even lost their lives to save many more. To these fallen heroes I express my profound gratitude and admiration. Their legacy fuels our commitment to healthcare, reminding us of the profound impact we can have on other's lives.

**Dr Praveen Gupta**  
Doctors are torch bearer of wellness for the society. May the force be with them

**Dr Rishu Bansal**  
"Observation, Reason, Human Understanding, Courage- These make the physician"

**Dr Sameer Arora**  
Your commitment to humanity is heroic every single day. Thank you for risking your lives and keeping all of us safe.

**Dr Mayank Chawla**  
Dear Front Line Workers - you are an inspiration. Thank you for your tireless efforts!

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**NEURO SURGEON**

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**RHEUMATOLOGIST**

**Dr Shalva Verma**  
Everyone's health should be their first responsibility. So all of us should focus on healthy lifestyle by including regular exercises, balanced meals, avoid smoking, alcohol, white sugar. For any medical help, doctors are always available to give their best to humanity. I wish all my patients good health and well-being.

**Dr Zubin Dev Sharma**  
Let's not forget our learnings from Covid, and remember our life is fragile. We must keep working hard to make our lives healthy and keep trust in our caregivers

**RHEUMATOLOGIST**

**Dr Anu Dabar**  
Early diagnosis and constant awareness of the symptoms are the keys to managing arthritis. Consulting with a rheumatologist and ensuring good compliance to treatment and follow up in addition to avoidance of smoking, regular exercise and maintaining an ideal body weight with correct nutrition can make the patient victorious in the fight against arthritis.

**Dr Shruati Bajaj**  
Choose a doctor who is honest and dedicated and then follow his advice with full faith. That will help you in keeping a sound health.

**DERMATOLOGIST**

**Dr Vinita Gupta**  
Service to mankind is no less than worshipping God, and Doctors not only give selfless service but also restore our faith in humanity. Blessed to be one.

**Dr Aanchal Sehrawat**  
A healthy skin is important because it reflects the inner health of a person as well as his or her physical appearance. So, besides maintaining a good health, one should also focus on daily skin care.

**Dr Parjeet Kaur**  
Doctor heals the brokenhearted and binds up their wounds.

**Dr Neeraj Jain**  
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**PSYCHIATRIST**

**Dr. Navya Saluja**  
Prioritize your mental health!

**Dr Harsh Saini**  
To all the healthcare workers- Gratitude and blessings beyond measure- for all that you do, have done, continue to do. May you remain safe, healthy, and strong.

**Dr. Divya Kumar**  
On this doctor's day let us pledge to be mindful about our health. Let us promote healthy lifestyle, scientific approach to illness and create an environment of trust and understanding where doctors can treat you optimally.

**Dr. Bhaarat**  
Cancer may be formidable, but so are we. With each patient, we strive to bring hope, healing and a sense of comfort.

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